



When: Sunday, December 10, 2023

Cypress Academy of Gymnastics
11707 B Huffmeister
Houston, Texas 77065

Preliminary Schedule

Session 1: Level 8 & 9

9:00am: Open Warm Up Begins

9:30am: 1st Event Warm-Up Begins (Modified Capital Cup)

12:00pm: Competition Concludes

Session 2: Level 10 & Elite

1:00pm: Open Warm Up Begins

1:30pm: 1st Warm Up Event Begins (Modified Capital Cup)

4:30pm: Competition Concludes