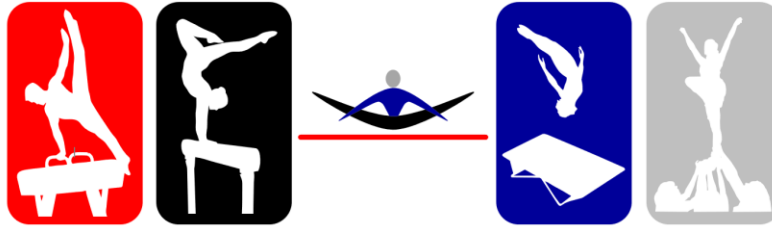


# Above the Bar



**Building Champions in Life!**

## Spring Break Training Schedule

### Level 4

|               |          |
|---------------|----------|
| Tuesday 3/10  | 2pm- 5pm |
| Thursday 3/12 | 2pm- 5pm |

### Level 5

|                |          |
|----------------|----------|
| Monday 3/9     | 2pm- 5pm |
| Tuesday 3/10   | 2pm- 5pm |
| Wednesday 3/11 | 2pm- 5pm |
| Thursday 3/12  | 2pm- 5pm |

### Level 6

|                |           |
|----------------|-----------|
| Monday 3/9     | 11am- 3pm |
| Tuesday 3/10   | 11am- 3pm |
| Wednesday 3/11 | 11am- 3pm |
| Thursday 3/12  | 11am- 3pm |

### Level 7-10, JD

|                |           |
|----------------|-----------|
| Monday 3/9     | 11am- 3pm |
| Tuesday 3/10   | 11am- 3pm |
| Wednesday 3/11 | 11am- 3pm |
| Thursday 3/12  | 11am- 3pm |