



*Hosted by Woodlands Gymnastics Academy
20100 Holzwarth, Suite B, Spring Texas 77388
281-528-6050*

Saturday, November 2, 2019

Session 1 ~ Senior B

8:00am - 8:20am	Coaches Meeting / Stretch	Sr. B1	4/15/08 - 7/8/08
8:20am - 8:30am	Introductions	Sr. B2	1/4/08 - 4/11/08
8:30am - 8:41am	First Flight Warmup	Sr. B3	9/6/07 - 12/30/07
8:41am - 11:15am	Competition	Sr. B4	12/19/06 - 8/20/07
Awards to Follow		Sr. B5	10/11/02 - 12/8/06

Session 2 ~ Senior A

12:30pm - 12:50pm	Coaches Meeting / Stretch	Sr. A1	6/5/09 - 6/28/09
12:50pm - 1:00pm	Introductions	Sr. A2	4/14/09 - 6/2/09
1:00pm - 1:11pm	First Flight Warmup	Sr. A3	2/1/09 - 4/2/09
1:11pm - 3:45pm	Competition	Sr. A4	11/7/08 - 1/30/09
Awards to Follow		Sr. A5	8/4/08 - 10/25/08

Session 3 ~ Junior C

5:00pm - 5:20pm	Coaches Meeting / Stretch	Jr. C1	1/15/10 - 3/2/10
5:20pm - 5:30pm	Introductions	Jr. C2	10/22/09 - 1/9/10
5:30pm - 5:41pm	First Flight Warmup	Jr. C3	9/22/09 - 10/20/09
6:41pm - 8:15pm	Competition	Jr. C4	8/24/09 - 9/18/09
Awards to Follow		Jr. C5	7/3/09 - 8/23/09

Sunday, November 3, 2019

Session 4 ~ Junior B Avery (B4) Sadie (B1)

8:00am - 8:20am	Coaches Meeting / Stretch	Jr. B1	9/21/10 - 11/4/10
8:20am - 8:30am	Introductions	Jr. B2	7/23/10 - 9/17/10
8:30am - 8:41am	First Flight Warmup	Jr. B3	6/3/10 - 7/15/10
8:41am - 11:15am	Competition	Jr. B4	4/13/10 - 5/29/10
Awards to Follow		Jr. B5	3/3/10 - 4/12/10

Session 5 ~ Junior A Chloe, Lanie, Rosabelle (A3)
Brayli, Clara (A4)

12:30pm - 12:50pm	Coaches Meeting / Stretch	Jr. A1	11/10/11 - 8/18/12
12:50pm - 1:00pm	Introductions	Jr. A2	7/12/11 - 11/6/11
1:00pm - 1:11pm	First Flight Warmup	Jr. A3	3/25/11 - 7/10/11
1:11pm - 3:45pm	Competition	Jr. A4	2/4/11 - 3/14/11
Awards to Follow		Jr. A5	11/8/10 - 1/29/11