

# 2019 Level 8 State Championships

Hosted by Woodlands Gymnastics Academy

20100 Holzwarth, Suite B

Spring, Texas 77388

281-528-6050



## **Saturday, March 30, 2019**

### **Session 1 ~ Senior B L8 Sr B2 - Riley**

8:00am - 8:20am	Coaches Meeting / Stretch	Sr. B1	5/29/04 - 10/10/04
8:20am - 8:30am	Introductions	Sr. B2	1/20/04 - 5/28/04
8:30am - 8:38am	First Flight Warmup	Sr. B3	10/8/03 - 1/19/04
8:38am - 11:45am	Competition	Sr. B4	4/28/03 - 10/7/03
Awards to Follow		Sr. B5	1/15/01 - 4/27/03

### **Session 2 ~ Senior A**

1:00pm - 1:20pm	Coaches Meeting / Stretch	Sr. A1	7/30/05 - 9/15/05
1:20pm - 1:30pm	Introductions	Sr. A2	5/22/2005 - 7/29/05
1:30pm - 1:48pm	First Flight Warmup	Sr. A3	3/10/05 - 5/21/05
1:48pm - 4:35pm	Competition	Sr. A4	1/5/05 - 3/9/05
Awards to Follow		Sr. A5	10/15/04 - 1/4/05

### **Session 3 ~ Junior C**

5:45pm - 6:05pm	Coaches Meeting / Stretch	Jr. C1	6/23/06 - 8/21/06
6:05pm - 6:15pm	Introductions	Jr. C2	4/29/06 - 6/22/06
6:15pm - 6:38pm	First Flight Warmup	Jr. C3	2/17/06 - 4/28/06
6:38pm - 9:18pm	Competition	Jr. C4	12/6/05 - 2/16/06
Awards to Follow		Jr. C5	9/19/05 - 12/5/05

## **Sunday, March 31, 2019**

### **Session 4 ~ Junior B**

8:00am - 8:20am	Coaches Meeting / Stretch	Jr. B1	5/1/07 - 8/1/07
8:20am - 8:30am	Introductions	Jr. B2	2/13/07 - 4/30/07
8:30am - 8:36am	First Flight Warmup	Jr. B3	11/11/06 - 2/12/07
8:36am - 11:30am	Competition	Jr. B4	9/29/06 - 11/10/06
Awards to Follow		Jr. B5	8/22/06 - 9/28/06

### **Session 5 ~ Junior A**

12:45pm - 1:05pm	Coaches Meeting / Stretch	Jr. A1	11/22/08 - 8/3/09
1:05pm - 1:15pm	Introductions	Jr. A2	7/10/08 - 11/21/08
1:15pm - 1:31pm	First Flight Warmup	Jr. A3	1/29/08 - 7/9/08
1:31pm - 4:15pm	Competition	Jr. A4	10/18/07 - 1/28/08
Awards to Follow		Jr. A5	8/5/07 - 10/17/07