

2019 Galveston Island Winter Beach Blast Final Schedule

Friday, January 4th

Session 1	
Men Level 5-Div 1 7-10 yr olds	
Women Level 6- Modified Capital Cup Format	
1:00pm	Open Stretch
1:15pm	Coaches Meeting
1:25pm	Line Up
1:35pm	Competition Begins
4:15pm	Awards

Session 2	
Men Level 5-Div 2 & Div 1 11+ yr olds	
Women Level 7 & 8- Modified Capital Cup Format	
4:30pm	Open Stretch
4:45pm	Coaches Meeting
4:55pm	Line Up
5:05pm	Competition Begins
8:00pm	Awards

Saturday, January 5th

Session 3	
Men Level 6	
Women Level 2 thru 5-Modified Captital Cup Format	
9:00 AM	Open Stretch
9:15 AM	Coaches Meeting
9:25 AM	Line Up
9:35 AM	Competition Begins
12:00 PM	Awards

Session 4	
Men Level 7 & 8	
Women Xcel Gold- Modified Capital Cup Format	
12:15 PM	Open Stretch
12:30 PM	Coaches Meeting
12:40 PM	Line Up
12:50 PM	Competition Begins
3:30 PM	Awards

Session 5	
Men Level 9, 10, & Junior Developmental	
Women Level 9, 10, Platinum, Diamond-Modified Capital Cup Format	
3:45 PM	Open Stretch
4:00 PM	Coaches Meeting
4:10 PM	Line Up
4:20 PM	Competition Begins
8:00 PM	Awards

Sunday, January 6th

Session 6	
Men Level 4-Div 2 & Div 1 6-7 yr olds, Xcel	
Women Xcel Bronze & Silver-Infinity, Powerhouse TNT, HGC, Impact Zone, Legacy, Mosely, Pearland Elite, Rowland Ballard, Showcase	
10:00 AM	Open Stretch
10:15 AM	Coaches Meeting
10:25 AM	Line Up
10:35 AM	Competition Begins
1:00 PM	Awards

Session 7	
Men Level 4- Div 1 8+ yr olds	
Women Xcel Bronze & Silver- Alpha Omega, Montgomery, Moxie, Flips, Katy Kips, Lobo, Santa Fe Sports, World Champion Centre	
1:15 PM	Open Stretch
1:30 PM	Coaches Meeting
1:40 PM	Line Up
1:50 PM	Competition Begins
4:30 PM	Awards

**L6 - Madi, Alissa, Cara
Gracie, Skylar, Alma, Kendall**

L8 - Riley

*Modified Traditional-One set of equipment in the competition gym. No warm-up gym. Timed warm-ups immediately precede competition on that event.

**For the women's Sessions 6 & 7 there will be one meet competing on Equipment A, and one meet competing on Equipment B.

*Modified Capital Cup-2 sets of equipment in the competition gym. Flight 1 compete on one set, Flight 2 squads compete on the other. Timed warm-ups immediately precede competition on that event.

