

Cypress Academy of Gymnastics & Greater Houston Gymnastics Foundation Hosts



**Meet director:** Courtney De Leon

**Meet site:** Willowbrook Sports Complex 12539 Perry Rd. Houston TX 77070

**Map to meet site:** [Site Map](#)

**Host Hotels:** Hilton Garden Inn Houston NW/Willowbrook  
7979 Willow Chase Blvd Houston, Texas 77070  
Phone 832-912-1000

**Spectator Entry Fees:** Adults \$10.00; Seniors 60+ with ID \$5.00; Children 2-12 \$5.00; 2 and under free

**Saturday: October 27, 2018**

**Senior C**

|              |                      |          |         |         |
|--------------|----------------------|----------|---------|---------|
| Open stretch | First flight warm-up | March In | Compete | Awards  |
| 8am          | 8:20am               | 8:29am   | 8:39am  | 11:12am |

**Senior B L4 SrB2 - Rachael, Annie; SrB3 - Lauren**

|              |                      |          |         |        |
|--------------|----------------------|----------|---------|--------|
| Open stretch | First flight warm-up | March In | Compete | Awards |
| 11:45am      | 12:05pm              | 12:13pm  | 12:23pm | 3:26pm |

**Senior A L4 SrA1 - Cameron; SrA2 - Khloe**

|              |                      |          |         |        |
|--------------|----------------------|----------|---------|--------|
| Open stretch | First flight warm-up | March In | Compete | Awards |
| 3:45pm       | 4:05pm               | 4:15pm   | 4:25pm  | 7:01pm |

**Sunday: October 28, 2018**

**Junior C L4 JrC1 - Michela; JrC3 - Elyssa, Tori, Kendall T**

|              |                      |          |         |         |
|--------------|----------------------|----------|---------|---------|
| Open stretch | First flight warm-up | March In | Compete | Awards  |
| 8:00am       | 8:20am               | 8:28am   | 8:38am  | 11:10am |

**Junior B L4 JrB1 - Charlie; JrB2 - Ava G, Taylor**

|              |                      |          |         |        |
|--------------|----------------------|----------|---------|--------|
| Open stretch | First flight warm-up | March In | Compete | Awards |
| 11:40am      | 12:00pm              | 12:08pm  | 12:18pm | 2:52pm |

**Junior A L4 JrA2 - Evie; JrA3 - Brianna**

|              |                      |          |         |        |
|--------------|----------------------|----------|---------|--------|
| Open stretch | First flight warm-up | March In | Compete | Awards |
| 3:30pm       | 3:50pm               | 3:58pm   | 4:08pm  | 6:45pm |

## Age Groups

| Level 4 Age Divisions | Birthdates Range       |
|-----------------------|------------------------|
| Jr A1                 | 7/5/2010 - 8/31/2011   |
| Jr A2                 | 2/18/2010 - 7/4/2010   |
| Jr A3                 | 11/12/2009 - 2/17/2010 |
| Jr B1                 | 8/29/2009 - 11/11/2009 |
| Jr B2                 | 6/3/2009 - 8/28/2009   |
| Jr B3                 | 4/9/2009 - 6/2/2009    |
| Jr C1                 | 1/5/2009 - 4/8/2009    |
| Jr C2                 | 11/2/2008 - 1/4/2009   |
| Jr C3                 | 9/18/2008 - 11/1/2008  |
| Sr A1                 | 6/9/2008 - 9/17/2008   |
| Sr A2                 | 4/12/2008 - 6/8/2008   |
| Sr A3                 | 1/17/2008 - 4/11/2008  |
| Sr B1                 | 10/25/2007 - 1/16/2008 |
| Sr B2                 | 7/20/2007 - 10/24/2007 |
| Sr B3                 | 2/6/2007 - 7/19/2007   |
| Sr C1                 | 8/3/2006 - 2/5/2007    |
| Sr C2                 | 9/15/2005 - 8/2/2006   |
| Sr C3                 | 11/22/2002 - 9/14/2005 |

**Equipment:** All equipment is ROSS athletic including beam, floors, springboards, vault, bars and runway (13/8" thick, 75'+ in length)

**Awards:** Meet Texas USAG Guidelines for Level 4 Placement and South State Team Competition

**Meet Format:** Modified Continuous Capital Cup; Two full sets of identical Ross equipment will be set up side by side for two flights of gymnasts to warm up and compete simultaneously for bars, beam and vault. No 30-second touch allowed on these apparatus'. On floor, warm up floor will be a tumble strip that is 12' x 60'. Floor will allow a 30 second touch warm up since competition changes equipment.

**USAG Sanctioned Event 66996**

**ALL TEXAS USAG RULES AND POLICIES APPLY**