

2018 Level 3 South State Championships

Hosted by Woodlands Gymnastics Academy

20100 Holzwarth, Suite B

Spring, Texas 77388

281-528-6050

Saturday, November 3, 2018

Session 1 ~ Senior B

8:00am - 8:20am	Coaches Meeting / Stretch	Sr. B1	1/4/08 – 4/10/08
8:20am - 8:30am	Introductions	Sr. B2	8/16/07 – 12/11/07
8:30am - 8:45am	First Flight Warmup	Sr. B3	1/4/07 – 8/2/07
8:45am - 10:33am	Competition	Sr. B4	8/19/06 - 12/21/06
Awards to Follow		Sr. B5	7/9/04 – 8/15/06

Session 2 ~ Senior A

11:45am - 12:05pm	Coaches Meeting / Stretch	Sr. A1	5/5/09 – 6/16/09
12:05pm - 12:15pm	Introductions	Sr. A2	2/4/09 – 5/3/09
12:15pm - 12:30pm	First Flight Warmup	Sr. A3	11/28/08 – 1/30/09
12:30pm - 2:15pm	Competition	Sr. A4	8/20/08 – 11/10/08
Awards to Follow		Sr. A5	4/11/08 – 8/11/08

Session 3 ~ Junior C Jr C2 - McKenna, Jr C3 - Kaitlyn

3:30pm - 3:50pm	Coaches Meeting / Stretch	Jr. C1	1/14/10 – 2/22/10
3:50pm - 4:00pm	Introductions	Jr. C2	11/18/09 – 1/11/10
4:00pm - 4:15pm	First Flight Warmup	Jr. C3	10/6/09 – 11/17/09
4:15pm - 6:00pm	Competition	Jr. C4	8/24/09 – 10/5/09
Awards to Follow		Jr. C5	6/23/09 – 8/23/09

Sunday, November 4, 2018

Session 4 ~ Junior B Jr B1 - Sadie, Jr B2 - Hannah

8:00am - 8:20am	Coaches Meeting / Stretch	Jr. B1	9/21/10 – 10/29/10
8:20am - 8:30am	Introductions	Jr. B2	7/29/10 – 9/16/10
8:30am - 8:45am	First Flight Warmup	Jr. B3	6/12/10 – 7/28/10
8:45am - 10:33am	Competition	Jr. B4	4/12/10 – 6/3/10
Awards to Follow		Jr. B5	3/2/10 – 4/11/10

Session 5 ~ Junior A Jr A3 - Lanie, Jr A4 - Clara

11:45am - 12:05pm	Coaches Meeting / Stretch	Jr. A1	11/17/11 – 7/31/12
12:05pm - 12:15pm	Introductions	Jr. A2	8/16/11 – 11/16/11
12:15pm - 12:30pm	First Flight Warmup	Jr. A3	4/14/11 – 7/19/11
12:30pm - 2:15pm	Competition	Jr. A4	1/25/11 – 4/7/11
Awards to Follow		Jr. A5	11/5/10 – 1/20/11