

# 2018 Galveston Island Winter Beach Blast Final Schedule

**Friday, January 12th**

**Saturday, January 13th**

**Sunday, January 14th**

<b>Session 1</b>	
Men Level 5-Div 2 & Div 1 10yr olds	
<b>Women Level 6</b> -Modified Capital Cup Format	
9:00am	Open Stretch
9:15am	Coaches Meeting
9:25am	Line Up
9:35am	Competition Begins
12:45pm	Awards

<b>Session 4</b>	
Men Level 7 & 8	
Women Level 1 thru 5-Modified Traditional Format**	
8:00 AM	Open Stretch
8:15 AM	Coaches Meeting
8:25 AM	Line Up
8:35 AM	Competition Begins
11:30 AM	Awards

<b>Session 7</b>	
Men Level 4-Div 2 & Div 1 9+yr olds	
Women Xcel Bronze & Silver-Alpha Omega, Cypress, Katy Kips, Mazeika's, Moseley's, Sunburst, Jill's	
11:00 AM	Open Stretch
11:15 AM	Coaches Meeting
11:25 AM	Line Up
11:35 AM	Competition Begins
2:30 PM	Awards

<b>Session 2</b>	
Men Level 5-Div 1 7-8yr olds, 9yr olds, 11+yr olds	
<b>Women Level 7</b> -Modified Capital Cup Format	
1:00pm	Open Stretch
1:15pm	Coaches Meeting
1:25pm	Line Up
1:35pm	Competition Begins
4:45pm	Awards

<b>Session 5</b>	
Men Level 9 & JD	
<b>Women Level 9, 10, Platinum, Diamond</b> -Modified Capital Cup Format	
11:45 AM	Open Stretch
12:00 PM	Coaches Meeting
12:10 PM	Line Up
12:20 PM	Competition Begins
3:30 PM	Awards

<b>Session 8</b>	
Men Level 4- Div 1 6-7yr olds, 8yr olds, Xcel	
Women Xcel Bronze & Silver-Alamo Heights, TNT Elite, Lobo, Showcase, Sugar Land, Montgomery, All Stars Unlimited, Champions, New Heights, Impact Zone	
2:45 PM	Open Stretch
2:55 PM	Coaches Meeting
3:05 PM	Line Up
3:15 PM	Competition Begins
6:30 PM	Awards

<b>Session 3</b>	
Men Level 6	
Women Level 8-Modified Capital Cup Format	
5:00pm	Open Stretch
5:15pm	Coaches Meeting
5:25pm	Line Up
5:35pm	Competition Begins
8:30pm	Awards

<b>Session 6</b>	
Men Level 10	
Women Gold-Modified Capital Cup Format	
4:00 PM	Open Stretch
4:15 PM	Coaches Meeting
4:25 PM	Line Up
4:35 PM	Competition Begins
8:30 PM	Awards

\*Modified Traditional-One set of equipment in the competition gym. No warm-up gym. Timed warm-ups immediately precede competition on that event.

\*\*For the women's Sessions 4, 7, & 8 there will be one meet competing on Equipment A, and one meet competing on Equipment B.

\*Modified Capital Cup-2 sets of equipment in the competition gym. Flight 1 compete on one set, Flight 2 squads compete on the other. Timed warm-ups immediately precede competition on that event.

Session 1, L6 - Lauren

Session 2, L7 - Diana, Katelyn, Riley, Andrea

Session 5, L9 - Abby

