



Above the Bar Gymnastics Academy

Building Champions in Life!

2018 Boys Gymnastics Team – Competition Schedule, Fees & Expectations

Boys' Gymnastics Team Competition Schedule & Fees for 2018 Season						
Meet Date 2017-2018	Meet Name	Meet Location	Levels Competing	Levels 4, 5, 6	Level 7	Levels 8, 9
November 4	Mock Meet	Above the Bar	All Levels	\$30	\$30	\$30
November 9-11	Future Stars Championships	USAOTC, CO	National FS Qualifiers	TBD	TBD	TBD
December 2	Basels Holiday Classic	Spring	4, 5 & 6	\$80	---	---
December 8-10	Liukin Invitational	Frisco	7, 8 & 9	---	\$163	\$163
January 6 - 7	Star Center Invitational	San Marcos	7, 8 & 9	---	\$146	\$146
January 12-14	Galveston Island Winter Beach Blast	Galveston	4, 5 & 6	\$102	---	---
January 19-21	Ricky Deci Invitational	Richardson	7, 8 & 9	---	\$140	\$140
February 2 - 4	Houton National Invitational	Houston	All Levels	\$121	\$121	\$121
February 10	Alvin Invitational	Alvin	4, 5 & 6	\$89	---	---
February 17	Powerhouse Invitational	San Antonio	7, 8 & 9	---	\$117	\$117
March 4 – 5	Garland Classic	Garland	4, 5 & 6	\$118	---	---
March 4	Townsend Cup	Pearland	7, 8 & 9	---	\$100	\$100
March 9	Thornton's Invitational	League City	4, 5 & 6	\$91	---	---
March 17 - 18	Levels 8-10 Texas State Championships	Alvin	8 & 9	---	---	\$139
March 24-25	Levels 4 - 7 Texas South State Championships	Pearland	4, 5, 6 & 7	\$102	\$102	---

USAG Registration	\$57	\$57	\$57
Gym Registration	\$65	\$65	\$65
Total 2018 JO Boys Team Competition Fees	\$855	\$1041	\$1078
Meet Fees Installment #1 Due October 20, 2017	\$214	\$261	\$270
Meet Fees Installment #2 Due November 17, 2017	\$214	\$260	\$270
Meet Fees Installment #1 Due January 19, 2018	\$214	\$260	\$269
Meet Fees Installment #1 Due February 16, 2018	\$213	\$260	\$269

Meets & Fees

- Gymnasts are entered for each scheduled meet according to their level and their readiness
 - Gymnasts are expected to compete in scheduled meets
 - If Coach Kayvin determines that a gymnast isn't ready for a competition they will not be entered; he'll inform the gymnast and parents
 - **If you have a hard conflict with a meet date, e-mail ellen@abovethebargym.com at least 8 weeks in advance of Meet Date**
 - If advance notification is not provided, your gymnast will be entered in the scheduled meets and you will be responsible for entry fees
- Meet fees include individual & team entry fee plus coaches' fees (session fee, travel, and lodging & meals, as applicable). Coaches fees calculated for each meet are divided equally between all entered gymnasts. Some meets charge different individual entry fees based on level.
- Meet session schedules usually aren't released until 2 weeks prior to a meet
 - Block out your weekend for scheduled meets
 - Meet session schedules will be posted to our website at [2018 Competitive Boys' Team Page](#)
 - E-mail will be sent when schedules are posted
 - Gymnasts competed in 1 session in a meet
 - Sessions include warm-up, march-in, competition, awards
 - Plan approximately 4-hrs for each meet
 - Parents transport gymnasts to meets



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Gymnast Expectations for Competition

- Prepare for competition the day before by eating nourishing meals, drinking plenty of water, and getting to a good night's rest
- Uniform for competition – boys will need competition bag, all uniform pieces, AND black, cotton athletic socks
 - Arrival & March In – warm up pants & jacket worn over step-in competition shirt, black shorts; black slide shoes
 - Floor Exercise (FX) – step-in and black shorts
 - Pommel Horse (PH) – step-in, pommel pants, and black socks
 - Still Rings (SR) – step-in, pommel pants, and black socks
 - Vault (VT) – step-in and black shorts
 - Parallel Bars (PB) – step-in and black shorts
 - High Bar (HB) – step-in and black shorts
- What to pack in competition bags – grips & wrist bands, athletic tape & pre-wrap, band-aids, bottled water, dry snack (like Goldfish, trail mix, etc., nothing sticky or crumbly!)
- Arrival time – 15 minutes prior to scheduled open stretch/warm-up.
- Stretch & Warm-up – in uniform as directed by Coach
- March-in – in warm up pants with jacket zipped up. Lineup as directed by Coach. Stand for National Anthem, right hand over heart.
- Event Rotations – lineup for orderly transition, as directed by Coach.
- Behavior expectations during competition. Stay focused on competition while waiting your turn. Watch your teammates and cheer them on!
- Awards – everyone stays until completion of awards for their session.
 - Gymnasts wear full warm-up with jacket zipped up.
 - Be respectful, pay attention, and cheer for your teammates during awards.
 - Placement awards
 - Placement medals awarded for each event to 50% of each age group based on event score
 - All-Around medals awarded to all gymnasts by age group based on combined event scores

Parent Support for Competition

- Support your gymnast with positive encouragement and only expect them to do their best.
- Let the coaches do the coaching.
- Give kisses and hugs before sending your gymnast to join his team on the floor for warm-up. After that, no contact with your gymnast during the meet. The coaches will take care of them on the floor.
- NO FLASH on your camera during competition. Flash photography is not allowed during competition as bright bursts of light can disorient or distract gymnasts and judges. Flash is allowed only during awards ceremony.
- Cheer for your gymnast and his team mates!



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USA Gymnastics (USAG) Membership

- Each year, competing gymnasts must complete registration form for USAG
 - Fill out Athlete Membership Information, Athlete Membership Agreement, and Signatures
 - Check the box for New Athlete or Previous Athlete (we will look up numbers)
 - Gym will complete Member Club Information
 - Do not fill out Payment Information. Registration fee is included in competition fees. Gym will register and submit payment information for all gymnasts together.
 - **Return completed form to the front desk by 10/20/17**
- Membership period is August through July 31st each year
- Read about membership benefits at https://usagym.org/pages/membership/pages/info_athlete.html
- Registration forms are at the gym or print your own from www.usagym.org website
 - https://www.usagym.org/PDFs/Member%20Services/ms_athleteform17.pdf

Communication

- We communicate information by e-mail
- If you haven't received e-mail about Boys Team matters, please e-mail ellen@abovethebargym.com to ensure we have your preferred e-mail address
- If you have any questions or concerns, please see the front desk or e-mail
 - kayvin@abovethebargym.com for gymnastics & coaching matters
 - ellen@abovethebargym.com for general & administrative matters

Competition Uniform

Boys Competition Uniform Pieces	TOTAL w/ Shipping & Tax
Apex Jacket w/ Custom Embroidery	\$60
Apex Pants	\$22
Competition Bag w/ Custom Embroidery	\$43
GK Custom Competition Shirt/Step-In for Levels 4 – 7 (1966 A02 design 1948)	\$56
GK Custom Competition Shirt/Step-In for Levels 8 & 9 (1966 A02 design 8/8/2017)	\$56
GK Men's Nylon/Spandex Pants for Level 4 (1846M Black)	\$31
GK Custom Competition Pants for Levels 5, 6, 7 (1846 A01 Electric Blue)	\$61
GK Custom Competition Pants for Levels 8, 9 (1846 A01 White)	\$61
GK Men's Nylon/Spandex Long Shorts for Levels 4-7 (1818M Black)	\$21
GK Men's Nylon/Spandex Long Shorts for Levels 8, 9 (1818M Electric Blue)	\$21
TOTAL	Level 4 \$233 Levels 5 – 9 \$263



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Levels 4 - 7 Competition Shirt/Step-In Design

Design Description

1.Fabrics | 2.Jewels | 3.Embroidery/Imprint | 4.Options | 5.Alterations

Select your fabric and color choices for each area.

Please Note: Jewels and Sequinz cannot be applied to the following fabrics: Iced Zebra Hologram and Grape Mystique.

	Area	Fabric Name	Color Description
Select	1	Nylon/Spandex	White
Select	A	Nylon/Spandex	Electric Blue
Select	B	Nylon/Spandex	Black
Select	C	Nylon/Spandex	Black

I Agree To [Color Bleed Disclaimer](#) and [Mesh Fabric Disclaimer](#)
When all fabric and color choices have been selected, please continue to Tab 2 for jewellery options.

Order Summary | **Save Design** | **Add To Cart**

Levels 8 & 9 New Uniform Design for 2018

Design Description

1.Fabrics | 2.Jewels | 3.Embroidery/Imprint | 4.Options | 5.Alterations

Select your fabric and color choices for each area.

Please Note: Jewels and Sequinz cannot be applied to the following fabrics: Iced Zebra Hologram and Grape Mystique.

	Area	Fabric Name	Color Description
Select	1	Nylon/Spandex	Black
Select	A	Nylon/Spandex	White
Select	B	Nylon/Spandex	Electric Blue
Select	C	Nylon/Spandex	Electric Blue

I Agree To [Color Bleed Disclaimer](#) and [Mesh Fabric Disclaimer](#)
When all fabric and color choices have been selected, please continue to Tab 2 for jewellery options.

Order Summary | **Save Design** | **Add To Cart**



2018 Parent & Gymnast Agreement

I have read and accept the competition schedule, gymnast & parent expectations, and financial commitment described in Above the Bar Gymnastics Academy's **2018 Boys Gymnastics Team - Competition Schedule & Expectations**. I agree to support team events and expectations and fulfill all obligations thereof.

Parent, Printed Name	Signature	Date
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Parent, Printed Name	Signature	Date
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Gymnast, Printed Name	Signature	Date
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Meet Fee Payment Method. Initial one choice below.

_____ Charge meet fee installments to my credit card on file on the scheduled due dates.

_____ I will make meet fee installment payments by the scheduled due dates.
Do not charge my credit card on file.

Sign and return this agreement to the front desk by 10/20/17.

A copy will be provided to you upon request.