

# TENTATIVE 2018 Men's Competition Schedule

## Thursday, February 1st

Open training, coaches must be present with athletes: 4pm – 7pm

## ALL SESSIONS WILL BE CAPITAL CUP FORMAT

Cross Judging (Like JO Nationals) for all sessions except Lv. 4 & Open Team Cup

## Friday, February 2nd

### Session 1, Level 7 and Junior Development (JD)

Open stretch	8:00am	<b>L7 - Carter, Brycen, Gavin Reagan, Evan</b>
Team introductions	8:25am	
Flight A Warm up and begin competition	8:35am	

### Session 2, Level 8

Open stretch	12:30pm	<b>L8 - Kaleb</b>
Team introductions	12:50pm	
Flight A Warm up and begin competition	1:00pm	

### Session 3, Open Team Cup (14 Teams)

Open stretch	4:30pm
Open Events Warmup	5:00-6:00pm
Opening Ceremonies	6:00-6:10pm
1 Touch / Competition begins	6:15pm

## Saturday, February 3rd

### Session 4, Level 9

Open stretch	8:00am	<b>L9 - Hunter, Clark, Jason</b>
Team introductions	8:20am	
Flight A Warm up and begin competition	8:30am	

### Session 5, Level 10 (15-16 year olds)

Open stretch	12:15pm
Team introductions	12:35pm
Flight A Warm up and begin competition	12:45pm

### Session 6, Elites (15) & Level 10 (17-18 year olds)

Open stretch	5:00pm
Team introductions	5:20pm
Flight A Warm up and begin competition	5:30pm

## Sunday, February 4<sup>th</sup>

### Session 7, Level 4

Open stretch	8:30am	<b>L4 - Colson, Ethan S., Alex B.</b>
Team introductions	8:50am	
Flight A Warm up and begin competition	9:00am	

### Session 8, Level 5

Open stretch	11:30 am	<b>L5 - Evan, Ethan H.,</b>
Team introductions	11:50 am	<b>Landon B., Logan, Dev,</b>
Flight A Warm up and begin competition	12:00 pm	<b>David, Liam, Jared, Davis</b>

### Session 9, Level 6

Open stretch	3:00pm	<b>L6 - Graham, Ezra, Dalton,</b>
Team introductions	3:20pm	<b>Brayden, Landon H.,</b>
Flight A Warm up and begin competition	3:30 pm	<b>Jeshua, Sinon, Nikolai,</b>
		<b>Alex, Jose, Joshua</b>